

WHITE PINE PRESS

35th Anniversary Edition

We hew to the line; let the chips fall where they may.

The Marine Center Pg. 7

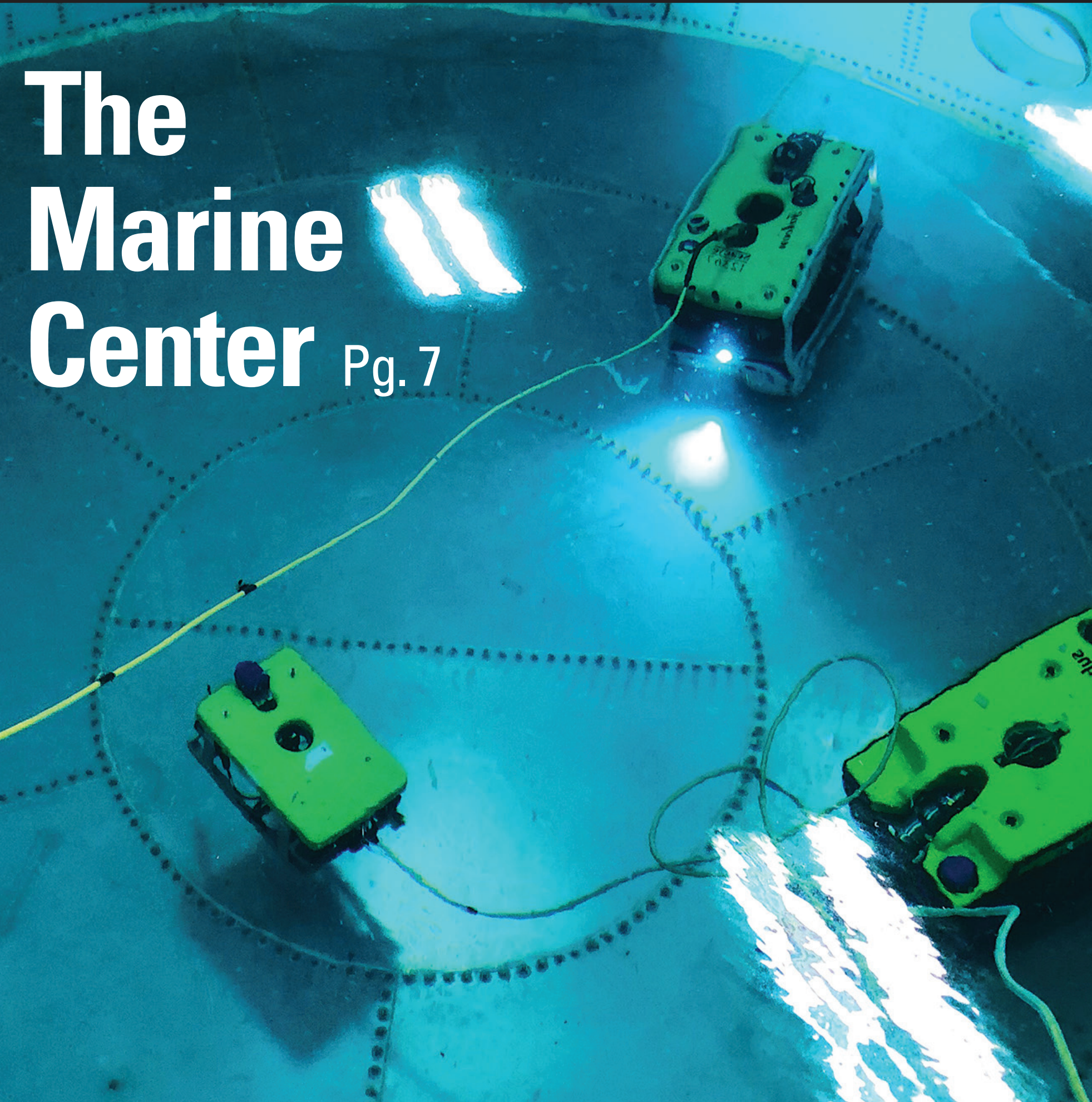




Photo courtesy of Ann Swaney / NMC Archives

The *White Pine Press* grew up in an era of big hair and big shoulder pads. The jubilant staff, pictured above with former faculty advisor Marilyn Jaquish, had a lot to celebrate. Like the '80s, the newspaper also started out big: by winning five awards from the Michigan Community College Press Association within its first five months.

NORTHWESTERN MICHIGAN COLLEGE

WHITE PINE PRESS

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35 Years of White Pine Press

White Pine Press published its first issue 35 years ago, in December 1983. Jimi Lee Haswell, its first editor-in-chief, brainstormed names for the paper on a coffee napkin with close friend Ed Steiger. While searching for something that fit the student body, the college, and the community, Haswell noticed the one thing everyone related with the college: its white pines. After confirming the species of tree with former instructor and biologist Bill Sharf, a name was born.

The *WPP* motto, “We hew to the line, let the chips fall where they may” almost didn’t make it into that first issue. The reason has nothing to do with the words themselves—but rather that they didn’t exist. Haswell was with her family, desperately racking her brain, when her Aunt Ruth suggested the motto. “How could that be more perfect?” Haswell recalls thinking. The line has a lasting message today: be honest and keep your journalistic principles, no matter the outcome.

Please join the staff of
WHITE PINE PRESS
in celebration of the
FIRST ISSUE
Friday, December 2, 1983
4-7 p.m.
Continuing Education Center
Northwestern Michigan College
Refreshments

Jimi Lee Haswell,
Editor

Photo courtesy Ed Bailey
Front Design by Eli Watts

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Alumni Spotlight: Marilyn Jaquish



Emily Slater
Staff Writer

In 1983, Northwestern Michigan College did not have a school newspaper. Its first paper, *The Nor'Wester*, had been abandoned in the '70s, and a group of students were eager to bring it back into the spotlight once again.

The students needed a faculty advisor, and professor Marilyn Jaquish, who had a bachelor's degree

in Journalism and a master's in Mass Media, had the expertise to help guide them in their quest to resurrect the defunct newspaper. Named the *White Pine Press*, only five issues were printed that first year. It was a rough start, Jaquish says. The college had no journalism course at the time, so she spent hours outside of her class schedule with the newspaper staff teaching them the fundamentals of journalism (which she later turned into a college course, aptly named "The Fundamentals of Journalism"). Despite a slow start, the staff won five awards from the Michigan Community College Press Association in the spring of 1984. From there, the students and the newspaper were off and running.

Jaquish's master thesis centered on the idea that when students are given information and a right to express their opinion about that information, they will be more civic

minded and able to participate more in controversial issues. She carried this philosophy with her through her years as a teacher and as the paper's faculty advisor. She challenged the students to take both themselves and the paper seriously. "I'd like to see you take on as difficult [of a] task as you can. Don't be afraid," Jaquish said. "You can shed light, even if it's just a glimmer, on things that will make a difference. That's what the *White Pine Press* should be about. It should not be about promoting the administration, it should not be about promoting NMC. This idea that student newspapers are there to promote the schools is totally incorrect. They should be there to promote student welfare and student interests. And to challenge students."

Jaquish spent 20 years as the faculty advisor for the *White Pine Press* and a total of 24 years as an NMC professor before retiring in 2004. Though a series of family health issues (including her own bout with breast cancer) rightly demanded her attention for a few years, Jaquish has not faded into retirement. In fact, it is possible her flame burns even brighter now. She sat on the Watershed Center Board for nine years, and currently sits on the Woman2Woman board as well as the Traverse City Human Rights Commission. Extremely active in the last three presidential campaigns and a vocal proponent of equal rights, I asked Jaquish about the divisive political climate the country is experiencing now. It's disheartening, she says. Sometimes scary. "You have to find a way to maintain the values you've believed in your whole life. It's hard for women my age because we thought we worked this all out! Didn't we already go through this? But we have to be vigilant. We

thought it was conquered, but it was just the groundwork." But she says there are moments of hope that help propel her forward, including many groundbreaking gender and minority political wins in the November midterm election. "Across the country, you see women of color and of different religious backgrounds, and they're young! I think, 'Yes!' It's really good to see that. That's what you keeps you going."

It's apparent that Jaquish is firmly grounded in what she believes in, but perhaps the clearest indication of who Jaquish is can be found in one simple question she asked on her first day of work at the *Indianapolis Times* back in 1963.

She had just finished her bachelor's degree and was set to start a job working the copy desk at the Indianapolis newspaper, a job she eagerly anticipated. She excelled at editing and wanted to be a reporter, to be out in the world where things were happening. But on her first day of work her boss approached her with a problem: none of the men in her department wanted to work alongside a woman. "The managing editor approached me and said, 'We've had some difficulties. None of the men on the copy desk will allow you to sit with them.' And I said, 'Oh...well, where are they going to sit?'" Jaquish was assigned a different job within the newspaper that day after the men threatened to quit, but that spirit defines much of Jaquish's attitude toward the problems she faces. She has a job to do, a cause to fight for, a life to live. She is not content to wait around for the times to catch up with her. She will move forward, and being in her atmosphere means that you will be challenged to do the same.

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Justin Sheehan
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Voters Legalize Recreational Marijuana

Bryce Beach Staff Writer On Nov. 6 voters took to the polls to decide whether recreational cannabis use would be legalized in Michigan. The proposition for legal recreational marijuana succeeded, winning by more than a 10 percent margin.

When the plan is put into action, adults 21 and older will be allowed to possess and consume limited amounts of cannabis. The proposal allows for the legal possession of up to 10 ounces, and legal purchase of up to 2.5 ounces of herb, or flower.

Future marijuana sales in Michigan will be taxed with a 10 percent excise tax and a 6 percent state sales tax. The taxed revenue will be split up between K-12 education, road maintenance, and to support communities and counties that allow cannabis dispensaries in the area. Municipalities will vote on whether or not recreational marijuana dispensaries are allowed in their area.

Traverse City commissioners voted 5-2 on Monday, Dec. 3 to allow 13 medical marijuana dispensaries within city limits. Medical marijuana businesses cannot be within 1,000 feet of a school, nor are they allowed in downtown Traverse City, however permits for the businesses will be issued via a lottery system in May 2019.

City commissioners also voted on recreational marijuana sales Monday, voting 4-3 to opt out of allowing sales within Traverse City limits. The motion requires a second vote on Dec. 17 to be officially adopted. Commissioners cited that without the state setting regulations yet for recreational sales, possible conflicts in local rules could occur. The commissioners expect to revisit the issue when Michigan begins establishing regulation guidelines.

Michigan Secretary of State communications director Fred Woodhams told Grand Rapids' news program 13 ON YOUR SIDE, that even after Proposal 1 takes effect, one should not expect a sudden surge of marijuana readily available until 2020. The *Detroit Free Press* reports that many sale regulations still need to be implemented. Cannabis shops won't open their doors to recreational users until at least 2020. As of now, the only things that seem to have changed are laws regarding the simple possession of marijuana.

Proposal 1 went into effect statewide on Thursday, Dec. 6. Even without access to dispensaries, Traverse City residents are permitted to begin using and carrying recreational marijuana within the legal limitations of the legislation.

Restrictions that users should be aware of include not using marijuana in public, landlord regulations for renters, drug-free work and school environment policies, and not carrying on school grounds (including Northwestern Michigan College). Like alcohol, operating vehicles and boats while under the influence is illegal. Michigan's lame duck legislators are working to add further restrictions before the end of the year.

Laws have been only one obstacle facing marijuana. The next hurdle the drug must overcome is the stigma it carries for many in the state of Michigan. Based off the amount of people that voted yes for recreational use of marijuana, it can be inferred that many people in Michigan aren't opposed to the herb. However, there are still a great number of people that are against marijuana use. Most of the votes in a few neighboring counties (Wexford and Missaukee) voted no on the issue. Additionally, the margin of victory for the recreational use wasn't overwhelmingly big: 44.1 percent voted no. As of now, no effort to socially decriminalize the drug has been announced.

The formation of the Great Lakes Cannabis Chamber of Commerce was announced on Dec. 3. Its mission is to help the industry thrive and to advocate in the Michigan legislature on behalf of licensed cannabis and help businesses. For more information, visit glccoc.com.

2-1-1 Launches in Northern Michigan

Randi Upton Staff Writer At last, 2-1-1 is available in northern Michigan. This service connects people with area services such as food, shelter, childcare, transportation, utility assistance, and more. It helps individuals discover where to go, and how to access benefits and programs.

United Way of Northwest Michigan has made the service available in the counties of Antrim, Benzie, Grand Traverse, Leelanau, and Kalkaska. 2-1-1 is a free service that has an array of resources to help those in need.

"We are grateful that we can bring a robust 2-1-1 service to our region," Ranae McCauley, executive director of United Way of Northwest Michigan, said in a Sept. 11 press release. "The United Way 2-1-1 service is responsive to the needs of working families, allowing them to call, chat, email or text when the time is right for their busy schedules."

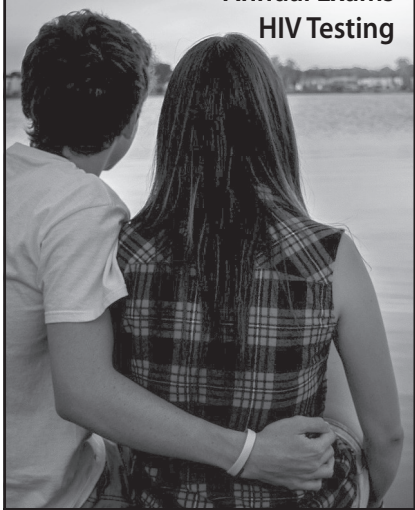
To use this service, dial 2-1-1 from any landline or call 1-800-887-1107. Don't have a landline? Text 898211 to also speak with someone who can help. You can also go to the website mi211.org to find resources available to you.


2-1-1 representatives will ask questions about your current situation and needs. Got a shut off notice for your gas? 2-1-1 can connect you to someone who can help prevent that. Got kicked out of your home or facing eviction? 2-1-1 has made it a priority to help those who need a place to stay and can connect you to resources, even non-profits, that can help.

It can be difficult to reach out for help during times of need. It's even harder to find resources on our own. The 2-1-1 service is designed to make this process easier. In one call or text, you can be speaking to someone who can help. 2-1-1 will be an asset to the community, especially as we go further into the difficult winter months.

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United Way's 2-1-1 will connect people to services in Antrim, Benzie, Grand Traverse, Leelanau, and Kalkaska Counties including food, shelter, utility assistance, disaster recovery, childcare, transportation, and more. Whoever you are, whatever your needs, 2-1-1 makes it easy to find help for yourself, a neighbor, or a loved one.


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RESOURCES


Looking for help for you or a friend? You or a friend may find it difficult and time-consuming to navigate the benefit systems available from various agencies and government offices. 2-1-1 is dedicated to making it easier to learn what services you or a friend qualify for, where to go, and how to access the benefits and programs you or a friend have earned.

By simply dialing 2-1-1 (or 1-800-887-1107), texting (898211) or going on the web (www.mi211.org), you can find information and connect to hundreds of benefits that you or a friend have earned.

04

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Northwest Michigan



Spring Into These Classes

Emma Moulton Staff Writer Looking for a class to complete your spring schedule? Ready for something new and engaging? Here is a compilation of some great offerings available next semester.

Humanities

ART 132 - 3-D Design

This course taught by well-known artist Rufus James introduces students to the elements of construction and production of three-dimensional design. All elements of 3-D design are studied in a variety of modes such as architecture, sculpture, and display.

Prerequisites: None. Credits: 3

ART 274 - Digital Photography II

This intermediate photography course covers advanced digital camera techniques. Students also work in studio with professional studio lighting to create work in the commercial and portrait genres. Digital Photography II has an additional Global Opportunity enrollment option for two weeks of photography exploration in South Africa from May 5–20, 2019.

Prerequisites: ART 174. Credits: 3

Social Sciences

PSY 225 - Human Sexuality

"I've been teaching Human Sexuality at

NMC for 30 years. Why? Because it's never boring," says instructor Susan Odgers. "The topic, like the students, is always changing." This academically challenging course is taught in a dynamic way through films, field trips, guest speakers, and meaningful classwork. It is an environment where students learn a lot not only about one another, but also themselves.

Recommended Prerequisites: PSY 101; Placement into ENG 111. Credits: 3

Science and Math

ENV 270B - Field Mapping Techniques

Looking to get out of the classroom? This one-week field study focuses on the fundamentals of map interpretation and generation. Students will learn the basic principles of cartography and field mapping techniques outside of the classroom.

Prerequisites: MTH 23. Credits: 2

ENV 270C - Precambrian Geology of Michigan

This course includes one lecture class and a cabin camping trip in the UP for a six-day field study of precambrian geology of Michigan. In this course, students focus on rock and mineral identification and explore the geological history of Michigan's Upper Peninsula.

Prerequisites: None. Credits: 2

EGR 232 - Introductory Thermodynamics

This is a brand new course to NMC and a requirement for Engineering degrees. In this course, students are introduced to the concepts of energy, energy conversion, and mechanics of heat and work transfer as well as the first and second laws of thermodynamics. Science instructor Jerry Dobek explains that NMC is the only community college in Michigan that offers this type of course and to expect to see more STEM transfer classes coming from NMC's science department in the near future.

Prerequisites: MTH 141, PHY 221. Credits: 3

Communications

ENG 267 - Film as Literature

This online course combines writing and film by allowing students to critique a set of films through discussion and technical literary analysis.

Prerequisites: Placement into ENG 111. Credits: 3

Business

BUS 231 - Professional Communications

"Are you a hands-on-learner? Learn professional communication skills by running a real project with real budgets, goals, and meaningful outcomes! Join the Experiential

Learning section of the BUS 231 course," says instructor Kristy McDonald. In this course, students learn to understand communication theory and how it applies to their professional lives through writing, analysing issues, organizing thoughts, and communicating ideas effectively, both written and verbally.

Prerequisites: None. Credits: 3

CIT 156 - CompTIA A+ Certification I

CIT 157 - CompTIA A+ Certification II

The back-to-back 7.5-week A+ certification courses work in conjunction to prepare you for the associated CompTIA exams. Major topic areas include PC hardware, networking, laptops, printers, operational procedures, operating systems, security, mobile devices, troubleshooting, safety and professionalism.

CIT 156 Recommended Prerequisite: Windows skills. Credits: 3

CIT 157 Recommended Prerequisite: CIT 156. Credits: 3

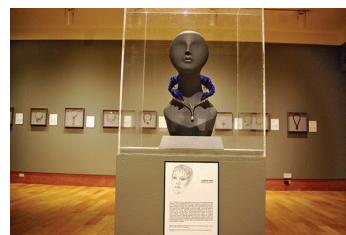
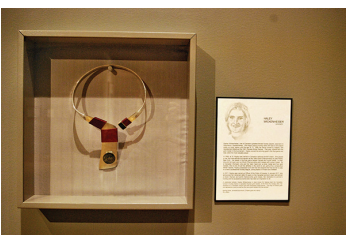
CIT 243 - Cloud Technologies

Working with Amazon Web Services and Google Cloud Service, students will explore the ever-growing field of the Internet cloud as it's used in business and personal environments. Cloud Technologies prepares students for the CompTia Cloud+ certification, with an additional enrollment option to obtain an exam voucher.

Prerequisites: CIT 213. Credits: 3

Dennos Winter Exhibits

The Dennos Museum features three exhibits that you can visit over the winter break. Through January 20, take in the breathtaking paintings from the Visions of American Life collection, framed neck-pieces that pay tribute to outstanding Canadian Women in the Homage collection, and the Pangnirtung Weavings, an artform that has flourished in the Inuit community since the 1970s. Remember to bring your student ID to enjoy free admission to the museum!



Photos by Logan Schweizer

Freshwater Studies Institute Turns 20

A Program That Cares

Valerie Reeves Staff Writer It's been 20 years since the Great Lakes campus, also known as the Hagerty Center, first opened its doors to the public. This campus, now home to the Northwestern Michigan College Freshwater Studies Institute, has a young but rich history.

The Hagerty Center was founded in 1999 after former Michigan Senator Carl Levin signed a congressional award giving NMC \$7 million to build a maritime program. In the beginning, it was used as a conference center, but NMC officials eventually wanted to use the building as a home for their programs on freshwater and marine studies. The Hagerty Center overlooks west Grand Traverse Bay, so that students studying water would have the precious resource right outside their classrooms.

As for the Freshwater Studies Institute itself, it was founded in part by Marguerite Cotto, current co-instructor of the Freshwater Studies class at NMC with Constanza

Hazelwood. The initial goal of the program was inspired by our local geography. Students at NMC should be able to have a deeper understanding of the Great Lakes.

Having grown up in Puerto Rico, Cotto understands the importance of fresh water. When she was little, she wasn't allowed to touch any of the clear, clean-looking water around the island due to a parasite that lived in the lakes and streams. In college, Cotto studied soils, which gave her even more appreciation for healthy, fresh water. Despite having been employed by NMC since January 1979, Cotto didn't start work on the Freshwater Studies Institute until 1997, when she worked at the University Center. This gave her the experience on how to start a program. After returning to Michigan State University, Cotto studied program building and returned to NMC eager to start work on the Freshwater Studies Institute.

Students who have graduated from the Freshwater Studies Institute have gone into many fields including

conservation work, environmental education, and technology, among other things. For example, the current captain of the *Northwestern*, one of NMC's education vessels, is a graduate of the program. Students have gone into fields such as environmental journalism, which might sound odd given the program is more science-oriented than English. However, the Freshwater Studies Institute isn't just for the science-focused student. Anyone can take the course, since it is designed to have a multidisciplinary approach to learning about water. The overall goal of the Freshwater Studies Institute is to inspire stewardship and understanding of the Great Lakes.

If you have a passion and desire to help care for our Great Lakes, check out the Freshwater Studies Institute in the NMC Hagerty Center. Any major, from arts to mathematics and everything in between, is welcome and appreciated. Come learn to use your skills to help our region's most precious resources: the Great Lakes.



Photo by Valerie Reeves

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The Marine Center



Photos courtesy of Ed Bailey

Emily Slater
Staff Writer

Capitalizing on an already popular and unique STEM program, NMC will soon open the Marine Center, providing professional development training in marine, aerial, and land survey, for corporate companies and individuals outside of the traditional student body.

The Marine Center will offer 31 different courses focusing on remotely operated and autonomous marine, unmanned aerial and land survey industries. Ed Bailey, director of the Technical Academic Area, says what NMC and the Marine Center have to offer is unique not only to the state, but to the country as well. "There's really nobody else doing this in the U.S. We have students who are now in the workforce and employers are starting to understand what we do and the skills they bring, and they want to train their existing workforce. That's really the genesis of this."

The school has offered professional

development training for some time now, but not on the scale or with the intentional focus of bringing land, air, and sky together as it will with the Marine Center. The new program, which launches next spring, is in response to industry demand for more thorough and extensive technical training, says Hans Van Sumeren, director of the Great Lakes Water Studies Institute. "That's something we've always done well here [at NMC]. We listen to what the industry wants."

One such demand was for better and more comprehensive training in land survey. "Michigan has long had a series of programs at institutions where the survey focus has been on engineering and not applied use of equipment. The skills of graduates are eroding to the point that they don't know how to use the equipment. Companies are losing the ability to have trained field people doing the work," Van Sumeren says. A team of industry leaders in Michigan approached NMC about needing a new program to address this issue, and NMC stepped up its provided courses and training in response.

Though the Marine Center will focus on professional development training, "These are not traditional students," Van Sumeren says. "You don't enroll in the Marine Center. You participate in a training activity." NMC will also offer an associate degree in Surveying, available starting in fall 2019. The industry response to this news has been positive, and Van Sumeren anticipates that the Land Surveying program will follow the same trajectory as their other available STEM



programs: 100-percent employment rates for graduates, immediate employment after graduation, multiple offers from high paying jobs, and mobility within those jobs.

No additional buildings or structures are currently in the works for the Marine Center. Because courses at the Marine Center are condensed for time and efficiency, housing is not needed for long periods of time as it would be for a traditional student. Use of NMC dorms in the summer and local hotels during Traverse City's off seasons will provide housing for Marine Center trainees. Classes will take place at the Parsons-Stulen building and other various locations in the Grand Traverse area, depending on the type of training being done. Bailey notes the positive impact that this will have on NMC. "We're actually leveraging existing equipment, facilities, and assets. We can take what we currently have and generate additional revenue sources." In addition, the school has partnered with Leica International, which has provided almost \$1 million dollars worth of equipment that will be used by both the Marine Center's professional development programs and NMC's academic programs.

Both Bailey and Van Sumeren expect the Marine Center to not only benefit NMC but the surrounding area as well. "It provides a trained workforce," Bailey says, "It attracts people from all over the country to our region, who typically would not come here or understand what we are. One of the hopes is that eventually people want to start up businesses here." Van Sumeren agrees. "The presence of companies coming here,

developing more of a presence, that would be absolutely ideal." Both men say that having companies train their employees at the Marine Center is not only beneficial from a financial viewpoint, especially as professional development training draws a bigger revenue than traditional college tuition, but is beneficial to current students who get to start making connections with potential employers before they graduate.

Ultimately, the potential for growth and impact that the Marine Center has is exciting for all involved. "Right now, we're the greatest thing that nobody has ever heard about," Van Sumeren laughs. But he hopes the Marine Center will change that. "This is an opportunity to bring professional markets to Traverse City. To allow businesses to see what we offer, what the Great Lakes offer. We anticipate this to be a national opportunity at least—if not an international opportunity."

AERIAL COURSES

- UAS FAA Certification
- UAS Flight Fundamentals
- Aerial surveying & Imagery (Fundamentals/Advanced)
- Integrated Marine Near Shore Surveys
- Advanced UAS Platforms
- Aerial Image Data Processing

LAND SURVEY COURSES

- Aerial surveying/Imagery
- Fundamentals of Land Surveying
- Conventional Surveying Techniques
- GNSS Positioning Techniques (Operations & Datums)
- Surveying Data Processing, Adjustments and Imaging
- Route Surveying (Roads, Rails, Bridges)
- Pipeline Surveying (Manifests, Tally, Cataloging Observations)
- Precision Leveling & Integration of Surveying Measurements
- Boundary Surveying for the New Surveyor
- Forensic Mapping for Law Enforcement
- High Definition Scanning

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Photo courtesy of NMC Public Relations

The Marine Center
Northwestern Michigan College

PROGRAM OVERVIEW

The Marine Center at Northwestern Michigan College provides comprehensive technical and training solutions to the remotely operated and autonomous marine, unmanned aerial and land survey industry sectors.

MARINE COURSES

- ROV Ops Certification (ADCI Certification)
- Marine Acoustics (Fundamentals/Advanced)
- Marine Data Processing (Fundamentals/Advanced)
- Advanced Marine Platforms
- Marine Project Management
- LEAN Marine
- Marine ROV Camps

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Campus Foliage

Ann Hosler Editor in Chief “It could be a spectacular tree,” Julie Medlin said, gesturing toward a copper beech cloaked in ivy near the Fine Arts building, the morning August sunlight highlighting its peril. “Those vines will smother it. It needs light in order to do well, and if the light can’t get to it...” Medlin’s voice trailed off as she gazed at the tree. If the ivy remains on the copper beech—the only one of its variety on Northwestern Michigan College’s campus—the tree will eventually die.

Medlin retired 14 years ago from NMC, where she taught science courses—primarily anatomy and physiology, among others. Alongside the late Tom Priest, she worked to plant many of the unique varieties of trees found at NMC today. Once a campus dominated by white pines, the college is now a haven to more than 40 species of trees. Though some of the trees Medlin and Priest planted are gone, Medlin is pleased with the “exceptional landscaping” of the college grounds.

She described Priest as a wonderful, soft-spoken person. “He loved plants,” she said. “He would talk to them like they were ‘he’ and ‘she’.” Medlin explained that during the growing season, Priest worked as a landscaper for NMC. He excelled at picking perfect locations that allowed the trees to thrive.

Walking stick in hand, Medlin moved quickly across the campus, first directing us toward Scholars Hall where we stopped at a tulip tree growing beside the handicap lot. Like many of the trees on campus, it had a unique story. “This was a tree that Ann Rogers’s elementary school kids took up a collection for, so they could buy the tree,” she explained. “We planted it and it

grew for several years. The day it came here, it had been cut off flush from the ground, and it [grew] from sprouts.”

Medlin led me over to a small patch of trees planted among rocks near the Birch parking lot. “This is a ginkgo grove,” Medlin said. She explained how the tree was believed to be extinct until a few were found growing in a remote area in China. Since then, their popularity has grown. NMC’s ginkgoes came from a handful of seedlings Medlin was given by Michigan State University. “The female produces a fruit that smells like dog poop,” she said. “If you were to buy them, only males are sold because they don’t have the fruit. So I thought, ‘this might be interesting.’ Some of the seedlings might be female.” Ginkgo trees can change sex as they age, so even if NMC’s ginkgo grove is currently filled with males, one day they could be females.

Turning away, Medlin walked toward the inside junction of Scholars Hall—though when she taught at NMC, this was the Science building, and included a greenhouse she took care of for many years. “This tree over here is the only one of its kind [at NMC],” she said as she looked up at the towering dawn redwood. “There’s one in Kalamazoo... and I thought ‘Wow, that’s something spectacular to have, that’s not supposed to grow up here.’” The first chance Medlin had to obtain a dawn redwood, she brought it to NMC, planting it in the protective “V” of the building. “I thought that if it was ever going to survive, that was a sheltered enough place for it. It has done quite well, and I’m sure there’s not another one in town.”



Photo courtesy of Ann Swaney / NMC Archives

Tom Priest



Photo by Ann Hosler

The only dawn redwood on campus can be found next to Scholars Hall.



Photo by Ann Hosler

The leaves on one of NMC’s ginkgo trees.

“That was the whole idea—we wanted to have one of everything, so that people could see what these trees look like,” she explained. Medlin and Priest embarked on the quest to further diversify the college’s tree population after the State Hospital boasted about the many species of trees it had. “We thought that if they could brag about it, we could brag about having even more!”

Tucked closer to Scholars Hall near the dawn redwood is what may now be the ugliest tree on campus. “Now this ugly tree, it wasn’t always ugly,” Medlin said, and I interject that it looked dead. “It’s not dead,” she laughed. “It’s a jackpine, and it is a significant tree, especially after a fire.” Jackpines are the first tree to spring back from a forest fire. Its cones start tightly closed, but a fire causes the cones to open and release their seeds.

Behind the Health & Science building stood a single American chestnut tree. “This was a very important tree in North America, and it got the chestnut blight—a fungus—and it killed them off,” Medlin said. By the 1950s, many American chestnuts had been eliminated by this fungus. Because of this, Medlin and Priest thought it was important to have American chestnuts on campus. There used to be a few more, but only the one remains. “That’s one reason you shouldn’t plant all the same species,” Medlin said. “If [a disease] comes in, it wipes them out.”

Eventually our wandering led us to West Hall. Medlin was surprised to hear that the building would be partially demolished in the fall to make way for the Innovation Center, and expressed concern for the trees in that area, including the sweetgum located near West Hall’s back entrance. “I’m pretty sure that there’s not many sweetgums here in Traverse City,” Medlin said. After the demolition, the sweetgum tree still stands, but a Japanese maple that had been nestled near the slanted windowed ceiling of West Hall that we visited just months ago appears to be gone.

No discussion of Northwestern Michigan College’s trees would be complete without considering its most common species, and the one this newspaper is named after: the white pine. Medlin explained that white pines gather their strength from each other. “One time I was just looking out the window, and a white pine fell right over. Pete Nelson, who used to teach in the Biology department, it fell flat on his brand-new truck. It was [about] a week old. Smashed it to smithereens.” The tree that accosted this truck had been one that didn’t have many other white pines nearby. “When they’re together like this,” Medlin said, looking toward the white pines, “they block the wind. Those ones were by



Photo courtesy of Ann Swaney / NMC Archives
Julie Medlin

themselves.”

Medlin told me one other story about a coffee table on campus made of white pine that Joe Rogers had sawn into lumber when trees were cut down for the library’s construction. “We had this coffee room—it was in the old Science building—everyone used to come in there from the other departments,” she said. Around the white pine table, the faculty would hold discussions and learn from each other while enjoying their coffee.

The coffee table led myself and Ann Swaney, NMC’s archivist, on quite an adventure determining where it was—if it was even still on campus. Swaney eventually discovered that it still resides with the Health & Science department, and has the names of faculty engraved into it—a practice continued to this day.

Medlin stressed many times the importance of Priest’s contributions to Northwestern Michigan College. “I wonder if Tom’s looking down and realizing what a legacy he left for this college.”



Photo by Ann Hosler
A jackpine may look lifeless, but its cones open up during a fire.



Photo by Ann Hosler
A choke cherry tree beside Osterlin is cloaked in January snow.



Photo by Ann Swaney
This coffee table bears the mark of many current and past NMC employees.

What the Tech?!

Internet Trolls – A New Breed of Cyberbully

Lisa Balbach
Contributing Writer

A few months ago, I tweeted a positive message of support to a successful business woman who was having a rough time. I felt she needed support and I gave it to her. Within 24 hours, I was under attack by people I do not know who disliked the woman I supported. My first reaction was shock: “Why are these people tweeting at me?” As soon as I realized that I had been trolled, my next reaction was amusement: “So, this is what being trolled is like.” I have heard celebrities and public figures talk about being trolled, but didn’t fully understand what that was until it happened to me.

I decided to look into internet trolling because if I was being trolled, I figured the problem was way out of hand. Unfortunately, I was right—trolling is a huge problem online. Mental health experts actually have categories of Internet trolls: the Insult Troll, the Persistent Debate Troll, the Grammar and Spellcheck Troll (really!), the Forever Offended Troll, the One Word Only Troll, and more. One thing they all have in common is they deliberately try to disrupt, attack, offend or cause trouble within a community posting photos, videos, GIFs and other online content. Trolls appear everywhere on the internet and many sites have begun banning or blocking individual account users. Trolling is a form of cyberbullying.

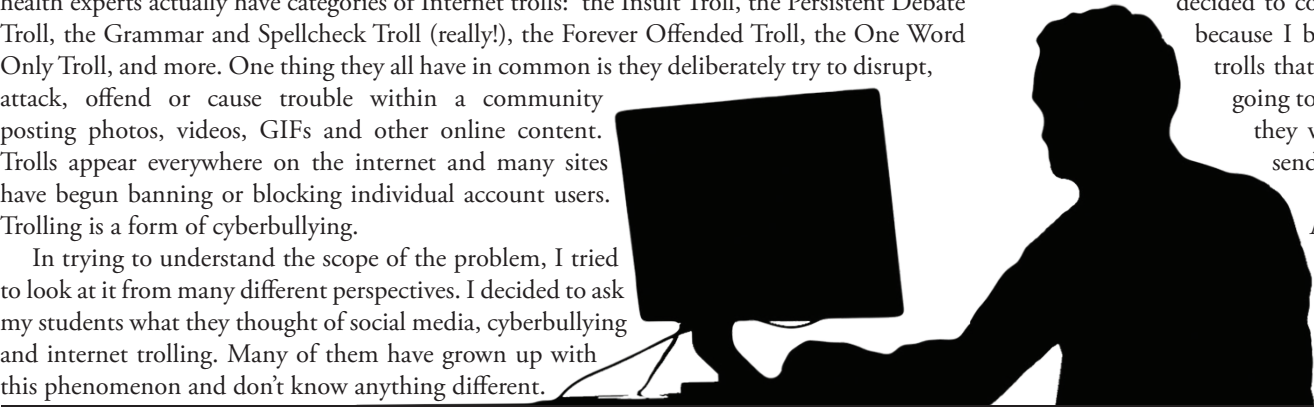
In trying to understand the scope of the problem, I tried to look at it from many different perspectives. I decided to ask my students what they thought of social media, cyberbullying and internet trolling. Many of them have grown up with this phenomenon and don’t know anything different.

I found the students to be very wise and insightful. Most of them just accepted that trolling was part of being on the Internet and online. When I asked them why people troll, they felt that because a lot of social media interactions happen behind a computer or they are anonymous, people feel empowered to say whatever they want and there are no repercussions. You can get into an argument online and when you are tired of it, you can just close the window and log off.

I found their perspectives interesting and quite accurate. Given the way things currently are online, how should we respond to trolls? Should we just stop participating in social media? Should we get off Twitter and Facebook? What is the best way to move forward?

I actually considered stopping all social media because I don’t like negativity. After a lot of thought, I decided against that because that would mean letting the trolls win. So, I have decided to continue sending positive, supportive messages to others online because I believe that messaging is important. Experts say to ignore the trolls that are online, but I am going to take a different approach. I am going to send them a positive message back when they are nasty because they won’t be expecting it. Hopefully, they will think twice before sending someone else a nastygram or making a nasty post.

Lisa Balbach is an instructor in the CIT Developer program at NMC. Students can currently enroll in her spring semester courses, HTML and CSS Programming (CIT 180) and Relational Databases (CIT 178). Students who meet the prerequisite classes can also enroll in Web Application Development (CIT 218) and Advanced Database Systems (CIT 228).



What Do Your Video Game Preferences Say About Who You Are?

Lyric Belle
Staff Writer

Is it strange that I still enjoy story-based fantastical action-adventure games like Metroid? Or does that fit my personality?

According to Nick Yee’s 2016 study on Quantic Foundry that investigated more than 140,000 gamers, “Gaming motivations are expressions of key personality traits.” The study works with the “Big 5 Personality Factors,” or the OCEAN Model, a taxonomy for personality. This is also an acronym for Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism. Say you’re not a carefree gamer. You plan everything out very methodically. Chances are you’re the same way in real life. Therefore my predominant openness to experience personality trait—hence my overwhelming curiosity—makes me more likely to pick a meaty, story-heavy, fantasy game than someone who is more conscientiousness. That person would more likely enjoy the difficult levels of strategy in a tactical role-playing game like “Fire Emblem.”

When referring to the OCEAN Model, everyone exhibits all the personality traits in the test at different levels. There are action role-playing games such as “Dark Souls” where you must be meticulous with your strategizing—or so I’ve inferred from the way my boyfriend died within the first five minutes a million or so times. That strategizing fits the personality factors of conscientiousness and extraversion, according to Yee. “Apart from the need for social interaction, extroverts also crave excitement and sensory stimuli, are energetic, tend to be cheerful, and often assertive (or even domineering) with others,” Yee explained in the study.

I guess I’m not so strange with my video game preferences. When you break it down to the OCEAN Model, that’s just my openness and semi-extroversion showing.

Letter to the Editor

Dear Editor of *White Pine Press*,

I’m at a loss in the mornings when the sun is blocked out on my walk across campus this semester. The current development for the new “Innovation Center” where West Hall once stood (RIP) is causing my already bleak existence to be even more destitute, what with winter obscuring the brightness from my world. I’m no Christian, but if the light of God was there up in the sky, I’ll never know what became of it.

The iron gates surrounding what was once a beautiful place full of camaraderie and absolutely adequate food is now distant from me. Will I forget West Hall was ever there? What will happen to those memories, those friends, the warmth I once felt? The walls aren’t just keeping me out; they’re preventing the solace of the sunrise from my sight. Much like Cormac McCarthy’s “The Road,” I have resorted to primal survivalism from the lack of balance in my life. I’m sure hundreds of other students feel such despair. This is a semester devoid of hope, or perhaps, the sliver of hope remaining for us is *innovation*.

An uninspired student,
Liam Strong

Dear Liam,
I’m afraid the Towering Gates of Tarp will remain around the Innovation Center for some time yet. In the meantime, perhaps try out Tamara Wiget’s tips for beating the winter blues on page 12.

Sincerely,
Ann Hosler
WPP Editor-in-Chief

WRITE US A LETTER

OUR POLICY: *White Pine Press* accepts letters to the editor from members of the college and community. Letters should be less than 400 words, typewritten, and signed with your name, address and phone number. Letters may be edited for clarity, grammar, spelling and length. Opinions expressed are not necessarily those of the *White Pine Press* staff or any college employee.

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2018 By the Numbers

0

Super Bowl appearances
by the Detroit Lions
(including 2019)



500+

new words added to
Oxford English Dictionary
in 2018

Chill out with words like whataboutery (n.)
and geg (v.)

37%

of people¹ resolved to eat better,
exercise more, or spend less
in 2018

Making those
resolutions in 2019?

19 Fitness Centers²

&

11 Nutritionists³

found in and around Traverse
City



4

Ideas to Save Money

- Take advantage of free events
- Use budget apps like Mint
- Cook meals at home
- Cancel underused subscriptions

¹ According to a December 2017 YouGov New Year's resolution survey of 1170 adults.

² According to Google maps.

³ Again, according to Google maps.

Design by Nick Moug

Celebrate Something!

Ann Hosler Editor in Chief It seems like every day is a “national day” of something. That’s because every day is. Celebrate some bizarre, delicious, funny, and commemorative days over the winter break.

Dec. 8 - Pretend to be Time Traveler Day **#PretendToBeATimeTraveler**

Act like a time traveler. Choose your time period and decide whether you are traveling to the past or the future. Be overly shocked when someone says, “I’d kill for a double mocha latte right now,” or “That car is the bomb.” Misuse technology. When someone offers you earbuds to listen to a new song, sniff them to see if they smell good.

Dec. 12 - Gingerbread House Day **#GingerbreadHouseDay**

Gather the family together, bake up some gingerbread and start building and decorating your very own gingerbread house.

Dec. 15 - Cat Herders Day **#CatHerdersDay**

They seem cute, adorable and innocent. How much trouble can they cause? In general, when describing our lives or our jobs, are they that difficult? No matter how organized we try to be, errant kitties get away. While we are focused on bringing three or four tasks into line, another spills the milk or creates an avalanche of problems. Before we know it, chaos ensues. In the employment world, we might describe a position challenging to keep filled “like herding cats.”

Dec. 18 - Answer the Telephone Like Buddy the Elf Day **#AnswerThePhoneLikeBuddyTheElfDay**

Simply answer the phone and say “(Insert your Name) the Elf, what’s your favorite color?”

Dec. 21 - National Flashlight Day **#NationalFlashlightDay**

National Flashlight Day is on the same day as Winter Solstice, the shortest day of the year. It was around 1899 that the invention of the dry cell and miniature incandescent electric light bulbs made the first battery-powered flashlights possible.

Dec. 23 - National Pfeffernusse Day **#NationalPfeffernusseDay**

Pfeffernusse are fluffy cookies made with ground nuts and spices and covered in powdered sugar. Try out a pfeffernusse recipe from allrecipes.com/recipe/pfeffernusse.

Jan. 5 - National Whipped Cream Day **#WhippedCreamDay**

This holiday falls on the birthday of Reddi-wip founder Aaron “Bunny” Lapin. Aaron who invented Reddi-wip in 1948, was born on January 5, 1914, and died on July 10, 1999. Often sweetened and sometimes flavored with vanilla, coffee, chocolate, orange and other flavors, whipped cream is also sometimes called Chantilly cream or creme Chantilly. Try out our Whipped Cream Frosting recipe on page 15!

Jan. 8 - National Bubble Bath Day **#BubbleBathDay**

On a cold winter day, relaxing in a nice warm/hot bubble bath sounds like the perfect way to commemorate National Bubble Bath Day, which is celebrated annually on Jan. 8. The bubbles on top of the water (also known as foam bath or foaming bath) insulate the bathwater, keeping it warmer for a longer period of time. Prepare yourself a relaxing bubble bath.

Jan. 14 - National Clean Off Your Desk Day **#CleanOffYourDeskDay**

What better way to dive into a new semester than with a clean desk? This day is an opportunity to begin your new year with a clean and organized workspace. Whether your desk is in a private or shared office, cubicle, home or a makeshift desk on the counter, having your workspace uncluttered, organized, refreshed and clean will help you work more efficiently and give you a sense of serenity.

Jan. 18 - National Michigan Day **#NationalMichiganDay**

Surrounded by four of the five Great Lakes, Michigan has more shoreline than any of the contiguous 48 states. Of the 50 states, only Alaska has more. Lake Michigan separates the upper and lower peninsulas of the 26th state granted statehood, making Michigan unlike any other in design. Recognize Michigan’s industrious spirit and natural beauty. Uncover hidden treasures and explore all Michigan’s history, lakes, and peninsulas!

Jan. 23 - Library Shelfie Day **#LibraryShelfieDay**

The fourth Wednesday in January offers a unique opportunity for book lovers on Library Shelfie Day. Some collectors of books tend to arrange their collections so their spines can be admired pleasantly. Others have a system of organization that results in an alternative art form. However our books are organized on the shelf, on Library Shelfie Day, they are meant to be photographed and shared on social media. Whether you have just a small library with a few select favorites or are a true bibliophile, arrange your collection on a shelf and take a picture.

Source: National Day Calendar (nationaldaycalendar.com)

Self-care: the Secret to Busting the Winter Blues

Tamara Wiget This time of year is full of festivities and joyous occasions spent with family and friends. But even with all that peace and goodwill floating around, the cold, shortened grey days can still take a toll on mental and physical health. Those who live further from the equator are more likely to experience depression in winter, which is really bad news for people in Siberia and Saskatchewan, and kind of bad news for us here in northern Michigan.

Less sunlight puts us at risk of experiencing seasonal depression. Symptoms range from mild lethargy and irritability, to more severe symptoms such as significant weight gain, inability to get out of bed, or loss of appetite. There are several things that can help anyone who is feeling symptoms on any level, although those who feel that their symptoms are unmanageable should talk to their doctor.

The most important part of managing symptoms is giving your body what it needs in order to function best. It may be tempting (and with the holidays, extra easy) to tuck into comfort foods or sweets, but in the long run these won't fuel your body well. A diet overhaul can be difficult, so start with small changes: cut out some processed foods like chips and soda, then replace them with healthier things like water (opt for sparkling if you really need the bubbles) and raw veggies to satisfy the craving for something crunchy.

Once your body has the energy it needs, get moving. Even as little as 15 minutes a day can be a mood booster. You don't have to join a gym to reap benefits; try taking your dog for a walk. If you don't have your own, offer to walk a friend or neighbor's dog—they'll probably appreciate it, and you'll get the Vitamin D your body may be missing due to lack of sunlight. If no pooch is available, there are a ton of free workout videos on YouTube. Even better: grab a friend for a walk. People tend to isolate themselves when feeling down, but spending time with a loved one is a bad mood buster and dispels feelings of isolation.

Consider a light therapy box if you can't get outside. These devices are meant to simulate sunlight and can help to regulate your body's internal clock. This is really important for staying positive. A sleep routine that's consistent stabilizes mood, which can minimize feeling groggy and irritable. Small, affordable light boxes can be found on websites such as Amazon.

The most important thing to remember is to be kind to yourself. Not every day is going to be a great day. You're not always going to wake up in a great mood, and that's okay. If you need an evening alone in bed with Doritos and Netflix now and then, allow yourself to have that evening. This behavior only becomes worrisome when it's consistent, worsening the winter blues. Balance out those nights with healthy food, a little exercise, and some social time.

HOLIDAY EVENTS CALENDAR

December 7 – December 21

Rachel Lynn Moore
Staff Writer

Friday, Dec. 7

5pm: At the 6th Annual Interlochen Children's Christmas Party, watch the tree lighting near Tom's Food Market, then follow Santa to the new Interlochen Public Library for a children's party including caroling, stories, and crafts.

7:30pm: Swan Lake will be performed by the Interlochen Arts Academy Ballet in the Corson Auditorium at the Interlochen Center for the Arts. Tickets range from \$11 to \$29. See tickets.interlochen.org

8pm: VoicePlay: Warm Up – A Holiday Special will be held at the City Opera House in Traverse City. The a capella group became famous on NBC's The Sing-Off. See cityoperahouse.org/voiceplay for tickets ranging from \$25 to 35.

Saturday, Dec. 8

2pm: Swan Lake will be performed again today. See tickets.interlochen.org.
7:30pm: The final performance of Swan Lake.

Sunday, Dec. 9

3–5pm: Santa and Mrs. Claus will be visiting the Oliver Art Center in Frankfort to visit with children and help with holiday stories, arts & crafts, a hot chocolate bar, and more. The event is free. See oliverartcenterfrankfort.org for more.
7:30pm: The Benzie County Community

Chorus is putting on a family Christmas Concert at the St. Andrews Presbyterian Church in Beulah. The concert is free but donations are appreciated. See benziechorus.org for more.

Thursday, Dec. 13

1pm: The First Congregational Church in Traverse City hosts the GT Musicale Holiday Program & Bazaar. The concert is free but the bazaar will feature goods for sale to raise money for scholarships. See gtmusicale.org for more information.

Friday, Dec. 14

5:30–8:30pm: The Annual Christmas Party & Fundraiser at the Friendship Community Center in Suttons Bay features appetizers, wine, and over 125 silent auction items. Entry costs a \$10 donation at the door. Call 231-271-4630 for more information.

Saturday, Dec. 15

9am: Have Breakfast with Santa in the Governors' Hall of the Grand Traverse Resort and Spa in Acme. The event features a buffet, photos and chats with Santa, balloon artists, a caricaturist, cookie decorating, and more. See grandtraverseresort.com/breakfastwithsanta to reserve tickets, which range from \$13-\$25.50. Guests 4 and under are free, but still require a reservation.
2pm: The Design Dance Company will perform Frost: A Winter Show of Dance in the Traverse City Central High

School Auditorium. Tickets range from \$15 to \$20 and can be found through designdancecompany.com.
6pm: Santa Visits The Rock, come to The Rock of Kingsley for pictures with Santa, Christmas treats, children's crafts, and a silent auction. A \$5 donation is suggested. See more at facebook.com/pg/therockofkingsleyMI/ events.
7pm: A second performance of Frost: A Winter Show of Dance.
8pm: Sister's Christmas Catechism: The Mystery of the Magi's Gold is a holiday comedy play to be performed at the City Opera House in Traverse City. Tickets range from \$25 to \$37.50 and can be found at cityoperahouse.org/sisters-christmas-catechism.

Wednesday, Dec. 19

6pm: Join Norte for a slow 4 mile bike ride through Traverse City neighborhoods to view Christmas lights. The event is also a food drive, so it is suggested that participants bring shelf-stable food donations. The group will meet at Rare Bird at 6pm. For more information, see elgruponorte.org/lights.

Friday, Dec. 21

11:30am–1:30pm: The TC Salvation Army Christmas Dinner Community Meal is free and will be held at the Salvation Army building in Traverse City.

Entertainment to Warm Your Winter

Ann Hosler
Editor in Chief

Burrow into your fuzziest blanket over the winter break with a heavy dose of entertainment, or venture beyond that front door to catch the latest flicks.

BOOKS

- December 4**
- “Along Came a Spider” by James Patterson
 - “Broken Ground” by Val McDermid
 - “Game of Scones” by Mary Lee Ashford
 - “Once Upon a River” by Diane Setterfield
 - “Queen of Air and Darkness” by Cassandra Clare
 - “Soulbinder” by Sebastien de Castell
- December 11–31**
- “Paper Girls, Vol. 5” by Brian K. Vaughan
 - “DESCENT” by Gabrielle Estres
 - “Not the Duke’s Darling” by Elizabeth Hoyt
 - “The Fork, the Witch, and the Worm” by Christopher Paolini
- January 8**
- “An Anonymous Girl” by Greer Hendricks
 - “The Au Pair” by Emma Roua
 - “Even If I Fall” by Abigail Johnson
 - “Henry VIII: And the Men Who Made Him” by Tracy Borman
 - “The Light Over London” by Julia Kelly
 - “Mouthful of Birds” by Samanta Schweblin
 - “The Paragon Hotel” by Lyndsay Faye
 - “Thick: And Other Essays” by Tressie McMillan Cottom
- January 15–31**
- “You Know You Want This” by Kristen Roupenian
 - “We Shouldn’t” by Vi Keeland
 - “Here and Now and Then” by Mike Chen
 - “King of Scars” by Leigh Bardugo
 - “Out of the Dark” by Gregg Hurwitz

TELEVISION

- December**
- Dec. 3: “Hero Mask” Season 1 (Netflix)
 - Dec. 9: “The Shivering Truth” (Adult Swim)
 - Dec. 14: “Fuller House” Season 4 (Netflix)
 - Dec. 14: “RuPaul’s Drag Race All Stars” (VH1)
 - Dec. 14: “Tidelands” Season 1 (Netflix)
 - Dec. 21: “Marvel’s Runaways” Season 2 (Hulu)
 - Dec. 24: “Vanity Fair” (Amazon)
 - Dec. 25: “Watership Down” Season 1 (Netflix)
 - Dec. 30: “The Orville” Season 2 (FOX)
- January**
- Jan. 2: “Mythbusters Jr.” (Science)
 - Jan. 3: “Gotham” Season 5 (FOX)
 - Jan. 6: “Worst Cooks in America” (Food)
 - Jan. 10: “Brooklyn Nine-Nine” Season 6 (NBC)
 - Jan. 11: “Future Man” Season 2 (Hulu)
 - Jan. 13: “Victoria” Season 3 (PBS)
 - Jan. 14: “The Passage” (FOX)
 - Jan. 15: “Drunk History” Season 6 (Comedy)
 - Jan. 16: “Deadly Class” (Syfy)
 - Jan. 23: “The Magicians” Season 4 (Syfy)

VIDEO GAMES

- December**
- Dec. 3: “Above the Fold” (PC)
 - Dec. 4: “Just Cause 4” (PC, PS4, XBO)
 - Dec. 4: “Persona 5” (PS4, Vita)
 - Dec. 7: “Super Smash Bros. Ultimate” (Switch)
 - Dec. 12: “Insurgency: Sandstorm” (PC, PS4, XBO)
- January**
- Jan. 18: “Ace Combat 7” (PS4, XBO)
 - Jan. 21: “Red Wizard Island” (PC)
 - Jan. 24: “Battlefleet Gothic: Armada 2” (PC)
 - Jan. 25: “Tropico 6” (PC, PS4, XBO)
 - Jan. 29: “Kingdom Hearts III” (PS4, XBO)

VIRTUAL REALITY GAMES

- December**
- Dec. 4: “Tippy Tree” (PC - Vive, Oculus Rift)
 - Dec 10: “Dojagi: The Korean Pottery” (PC - Vive, Oculus Rift)
 - Dec 12: “Santa Simulator VR” (PC - Oculus Rift)
 - Dec. 14: “Borderlands 2 VR” (PS4 VR)
 - Dec. 21: “Starblazer” (PC - Vive)
- January**
- Jan. 8: “BearHammer” (PC - Vive, Oculus Rift)

MOVIES

- December**
- Dec. 7: “All the Devil’s Men”
 - Dec. 14: “Mortal Engines”
 - Dec. 14: “Spider-Man: Into the Spider-Verse”
 - Dec. 19: “Mary Poppins Returns”
 - Dec. 21: “Aquaman”
 - Dec. 21: “Bumblebee”
 - Dec. 21: “Renegades”
 - Dec. 21: “Zero”
 - Dec. 25: “Destroyer”
 - Dec. 25: “On the Basis of Sex”
 - Dec. 25: “Vice”
- January**
- Jan. 4: “Escape Room”
 - Jan. 11: “Replicas”
 - Jan. 18: “Glass”
 - Jan. 25: “Serenity”



Movie Review: The Ballad of Buster Scruggs



Nick Moug
Staff Writer

“Stories Live Forever. People Don’t.” reads the tagline for the Coen Brothers’ wonderful Netflix-only release “The Ballad of Buster Scruggs,” and over the course of two hours, six

separate short films set on the American frontier in the late 19th century remind the viewer to be mindful of the fate awaiting all of us. In parts whimsical, funny, meditative, and violent, each piece in the anthology acts as a stirring parable of mortality — from a wandering troubadour with a supernaturally good shot, a woman on the Oregon Trail heading west on a dubious business promise, and a stagecoach ride that grows more menacing by the minute.

In one of the more stirring pieces—titled “Meal Ticket”—a limbless orator is put on display every night by his promoter in front of a gaping audience to powerfully recite Shakespeare, The Bible, Shelly’s “Ozymandias,” and The Gettysburg Address. Equal parts grotesque and beautiful, the young man’s art is the only source of income for himself and his promoter, while being an enormous logistical inconvenience. Drawing parallels to Kafka’s story “A Hunger Artist”, the man’s act begins to fade in popularity, and the relationship between art and capital begins to grow hostile as a new act draws the attention of the crowd: a chicken that can do arithmetic.

In the final selection, a stagecoach of traveling strangers heads to an unknown destination. As the travelers make one another’s acquaintance, what begins innocent enough grows darker and more metaphysical when two of the passengers reveal themselves to be hitmen transporting their latest job. In a long speech, one of the hitmen defends his calling, saying he loves to see the look on his victims’ faces when they realize they’ve reached the end of their life—coming to terms with death, accepting their mortality. When another passenger asks if the dead do come to terms with all of it ending, the hitman responds, “How should I know? I’m only watching.”

Music that is Sometimes Good but also
Sometimes Not Good
Daughters - You Won’t Get What You Want

Liam Strong
Staff Writer

Even Grandma doesn’t have it that bad, stage four breast cancer more prolific than bone. Someone’s always going to best you with their worseness. That’s the horror, where you see it the most, those little nuances haunting us without hiding. Even on an airplane, I have no right to fear the windows the most. The lawn grows its hair like a loose-lipped teenager, and the carpet should be named the prototypical dirty; I have given up taking care of everything around me. There is no sky beyond the air. I was scared of the vagueness of the light, when all I wanted was sleep. That’s all she wanted, some goddamn sleep, a subtle vestibule away from judgement.



“You Won’t Get What You Want” by Daughters is a noise rock record necessary of multiple listens to ingest fully. It embodies a veiled recollection of rituals and eerie soundscapes muddled with unease. The lyrical and sonic qualities meshed together suggest hints at what festers and haunts us, intrinsically and extrinsically, like vinyl blinds refracting the light from a window; we only get so much. We are the catalysts of our fears, and I think by this very nature, it’s not the fear of the Lovecraftian unknown, but rather what we don’t expect. The claustrophobia is in me. The goosebumps and unsettling dirge holding me still while listening is me. I am indelibly concerned, even with the minute tickings of a clock. Everything before me is at the disposal of my scrutiny. Nothing is a tragedy if it never ends. You saw me there, and me you, though what you saw was just a normal, closed body, I felt like an open canopy.

Book Review: One Flew Over the Cuckoo’s Nest

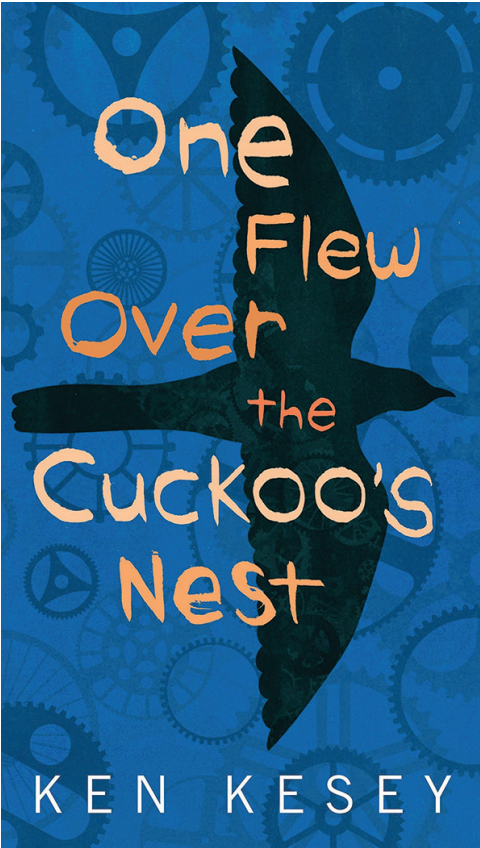
Tamara Wiget
Staff Writer

Somehow I missed the obligatory reading of Ken Kesey’s “One Flew Over the Cuckoo’s Nest” in high school. As an adult, I find it compared to and referenced in so many things that to not read it would be doing myself a disservice. And so, finally, I gave in.

The tale takes place in an Oregon psych ward. It is a time before the swingin’ 60s, when conformity and normalcy were highly prized. Any deviant behavior meant that, at best, one might run the risk of being considered the weird neighbor. At worst (well, short of being dead) one might live a numbingly quiet life of pills and shock therapy, which is exactly what the patients of this particular psychiatric ward were doing—until self-proclaimed psychopath Randle McMurphy is committed. McMurphy is a giant ginger brute, an aggressive, over-sexed conman with a particular affinity for poker. But hell, he’ll bet on anything, even how long a pat of butter can stick to a wall. And he’ll do anything to liven things up for his downtrodden peers, even if it means going toe-to-toe with the woman in charge: Miss Ratched, the “Big Nurse.”

His antics, which range from walking around the ward in his underwear to stealing a fishing boat, and all the goings-on of the ward are told by Chief Bromden, a Columbia Indian who keeps to himself—so much in fact that everyone around him (wrongly) assumes that he’s deaf and dumb. Perhaps it is this lack of expectation to participate that allows him to keenly observe and remember all that goes on around him... but is any of it real? Bromden himself readily admits to being diagnosed as a paranoid schizophrenic. I spent half the book wondering if he’s actually locked in a padded cell, and if the stories he tells are just vivid daydreams used to pass the time. Several of his tales are outlandish, obvious hallucinations. Others are more plausible, and those are the ones that deserve scrutiny.

From a 2018 perspective, the book is pretty offensive; it is fraught with racism, sexism, and homophobia—but these are the things that make it so good. Kesey is true to the time in which he is writing, which may leave the reader questioning just how far our society has come in terms of equality and destigmatizing mental health.





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EVENTS CALENDAR

December 7 - December 19

Rachel Lynn Moore
Staff Writer

Friday, Dec. 7

6–8:30pm: Jaff Haas Trio, Claudia Schmidt, Janice Keegan, and Laurie Sears will perform at Chateau Chantal.

Sunday, Dec. 9

10am–4pm: A free art show featuring illustrator Robert K. Schewe at the Grand Traverse Commons, in the Community Room inside of Building 50.

1pm: Join Grand Traverse Hikers for a group hike at the Muncie Lakes State Forest Pathway.

3:30pm: See Michigan based artists in The Long Memory Project Performance at Kirkbride Hall in the Grand Traverse Commons. The performances are inspired by stories from community elders about past social movements in our region. Tickets are \$20 and can be found at eventsquid.com.

Monday, Dec. 10

7pm: Two authors, Onalee Marsh and Ginny Johnson, will come to the Peninsula Community Library on Old Mission to share stories out of their books about growing up during the Great Depression and WWII. The event is free. See peninsulacommunitylibrary.org for more.

7pm: The GT Humanists, TART Trails, and the GT Regional Land Conservancy have come together to present a free program focused on local efforts to both preserve and enjoy the land's natural resources. See gthumanists.org for more.

Thursday, Dec. 13

5–9pm: Downtown Men's Shopping Night in Traverse City.

Saturday, Dec. 15

10am–4pm: The Cookie Walk & Craft Fair at the Redeemer Lutheran Church in Interlochen offers free entry and beverages, and features cookies, lunches, and many crafts for purchase. Proceeds will be donated from the church to local community and international projects.

Monday, Dec. 17

7pm: Here:Say hosts another Storytelling event at the Workshop Brewing Co in Traverse City. Requested \$5 donation at the door.

7–9pm: Poets Meets Musicians, a free, monthly event where anyone can come to share poetry, music, or come just to listen and meet other local artists.

Wednesday, Dec. 19

6–8pm: For the Climate Meet & Greet, local Citizens Climate Lobby volunteers will be at Left Foot Charley in Traverse City to answer questions, share ideas, and help others get involved. For more, see m.facebook.com/events/571636649945789.

Recipe: Whipped Cream Frosting

Ann Hosler
Editor in Chief

This recipe isn't your typical frosting: don't plan on using it on a cake. Dairy based, it won't last forever out in the open. It's fast to whip (ha) up, fun to get creative with, and makes enough to go around. The frosting tastes great with foods such as ice cream and fruit, or be risqué and toss some in your hot chocolate.

Ingredients

- (1) 8oz package of low fat cream cheese, softened
- 1/2 cup granulated sugar
- 1 tsp vanilla extract
- 1/2 tsp almond extract (see variants below for other suggestions)
- 2 cups heavy cream (same as a one pint container)

Directions

1. Use a mixer to combine the cream cheese, sugar, vanilla extract, and almond extract in a bowl
2. Mix on medium speed until smooth
3. While the mixture is still whipping, slowly pour in the heavy cream. Stop and scrape the bottom of the bowl a few times.
4. Continue whipping until the cream holds a stiff peak
5. Place in airtight container and refrigerate up to one week. Makes about 5 cups.

Other Variants

- Maple: use 1/2 tsp maple extract -OR- 1 tbsp plus 1/2 tsp of 100% pure maple syrup
- Cinnamon: use 1/2 tsp of cinnamon extract -OR- 1/4 tsp of flavored cinnamon oil
- Get creative! 1/2 tsp for extracts, 1/4 tsp for oils.

“The Other Traverse City” - A Photo Exhibit at the Dennos

Annie Hindle It could be an acquaintance at school, your coworker, your friends, your Staff Writer sibling, your parent, your child. It could be anyone. The opioid epidemic is sweeping our nation, and it affects everyone.

Allen Newton, local photographer, set forth on a journey to discover people who have been affected by this epidemic that is wreaking havoc in Traverse City. Newton interviewed and documented the stories of families and individuals in our surrounding community who have been personally affected. His goal is to warn people about the far reaching severity of this crisis. He desires to be their voice through his photographic exhibit on display at the Dennos Museum.

Open now through Jan. 24, the Dennos will host this haunting exhibit telling the stories of families torn apart and put back together by addiction. Allen's goal is to reach into people's lives and raise awareness of this growing epidemic. He has more than 70 pieces which include: photographs, old journals, personal belongings, examples of drug marketing, and plaques that give tribute to, and tell the stories of, people who lived through an addiction crisis, either personally or as a family member. The exhibit documents how real and close to home the opioid crisis is.

Newton became interested in this topic while doing a photo shoot of the Traverse City West Senior High hockey team. During the photo shoot he heard about a young man that was addicted to heroin and died of an overdose. He later heard of another young man who was a member of the same team, and was also addicted to opioids and had an opioid use disorder. According to the Mayo Clinic, this disorder is a physical and psychological reliance on opioids, a substance found in certain prescription pain medications and illegal drugs like heroin.

After 1,500 people showed up at Center Ice to pay tribute and raise money for this cause, Newton's attention was captured and he was inspired to share these stories. “These are what people who have been affected by opioid addictions want you to know,” Newton explained

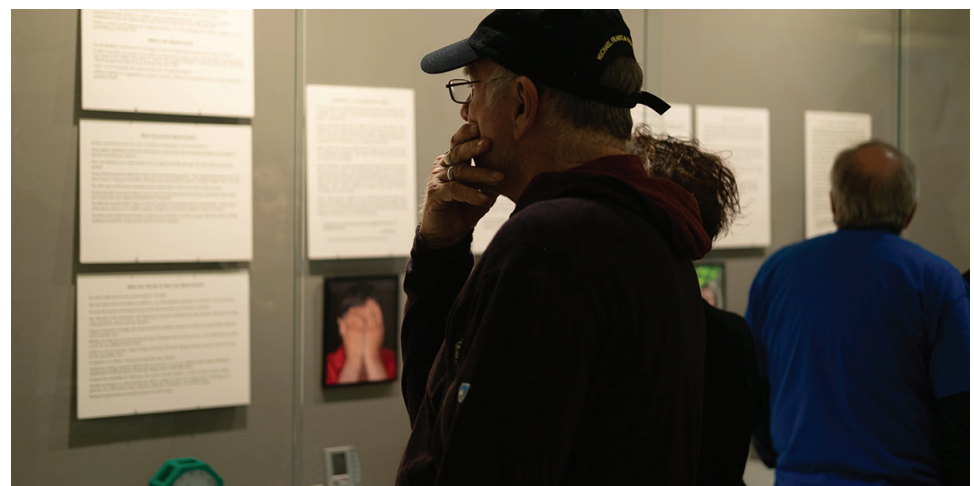


Photo by Annie Hindle

in an interview with MI News 26. “They are mothers who have lost children. There is a grandmother whose daughter is addicted, the doctor that runs the ER, the EMTs that respond to emergencies, the judges from drug court. There [are] recovering addicts, some [going on] 40 years, and some only a year and a half. So their stories tell it from the bottom up.”

If you would like to better understand the crisis our nation is currently experiencing, Newton's exhibit does an outstanding job of demonstrating how vitally important it is to be aware of and bring an end to this epidemic. His exhibit pays tribute to those who have been lost, to those who have conquered and to those who are still struggling with addiction.

Walk for Health and Housing

Randi Upton The annual Walk For Health and Housing was held on Monday, Nov. 12. The event was a collaboration between English, sociology, and social work classes at NMC to raise awareness of the issues surrounding food insecurity and homelessness.

It began at the Great Lakes Maritime Academy. From there, participants walked down to a spot on the beach, Boardman Bridge, Central United Methodist Church, the Governmental Center, Jubilee House, and Safe Harbor, with speakers at each location. Lasting about two hours, the walk was eye opening and, at times, emotional.

Before the walk, everyone gathered outside the Great Lakes Maritime Academy. It was explained what we were doing, where we were going, and a brief introduction to the issues we would focus on. Ryan Hannon, the Street Outreach Coordinator for Goodwill Industries, accompanied by other guest speakers, started us off. “People choose homelessness as an alternative to something worse,” one speaker said as students continued to gather. “So when you hear people say that people choose to be homeless, they are choosing the better option.” The first stop was the beach off of Grandview Parkway. Hannon explained that walking to each place was what the homeless did every day just to get food and shelter, and meet other basic needs. Homeless people are constantly in fight or flight, in survival mode just to get by.

The next stop was the Boardman Bridge. Captain Keith Gillis of the Traverse City Police Department, who was also walking with the group, spoke at the stop. The homeless sleep under this bridge year round. This is also the place where homeless people are found not breathing or moving. “Myself personally, I have responded to about 100–150 calls of this nature to this very spot in my 25 years in the department,” Captain Dillis explained. The police department brings blankets and food to the homeless living under the bridge.

After this, we walked to Central Methodist Church for Central Church Outreach. Pastor Jane Lippert, who runs the breakfast meal at the church, explained that it is the only place

in town that provides hot breakfast. The church also has other services for the homeless like a mental health support group and a place to receive mail. In the summer they operate five days a week, and in the winter 6–7 days a week depending on volunteers. “We try to give a meal and respect,” Pastor Lippert said. The outreach program also provides funerals for the homeless.

At the governmental center we heard from Traverse City mayor Jim Carruthers. Carruthers has a passion for helping the homeless and understanding their struggle. He said that has been learning a lot from outreach programs, and acknowledges the issue of a lack of affordable housing in Traverse City. He also spoke about Dann's House, an organization where Hannon and Carruthers serve on the board. It rents out housing for severe alcoholics. Many shelters and temporary housing require people to be sober, and a severe alcoholic will prefer to stay on the street to consume alcohol, and may freeze to death. At Dann's House, they are allowed to drink. The organization finds that once people are in stable housing, they start to consume less alcohol and drugs and are able to take their needs.

The Jubilee House is another important place for the homeless. It is an outreach program of Grace Episcopal Church in Traverse City. A quaint house on Washington Street, it offers things such as showers, washer and dryer for laundry, computer use, a mail system to receive mail, and a place to cook a meal. During the harshest weather, Jubilee House opens its doors for longer so people can get out of the weather and be safe.

The final stop was Safe Harbor. People on the board of Safe Harbor told how it started as one church who opened their doors to the homeless, and it branched out into several churches. Safe Harbor did not have a building, but every day would bus the homeless to different churches for a place to sleep. In 2017, Safe Harbor opened the doors to its own permanent location, separate from the church buildings it operated in before. Twenty-six volunteers per day are needed

to keep the location running going, and it is always in need of volunteers. Safe Harbor of Grand Traverse County reports serving more than 170 homeless adults in 2017.

From there, we walked back to the Great Lakes Maritime Academy. It was about two hours later, and the pedometer app on my phone said we had walked just over four miles. It was cold, my toes were frozen, and I was not wearing gloves so I could barely use my fingers. But I was able to get in my car and go to a warm home with my son (who got dragged along for this excursion), and sleep in a warm bed. This is not the case for many of our neighbors in this city.

Consider donating money or your time to these local organizations that do so much for our fellow humans. If you are interested in volunteering with Safe Harbor, visit gtsafeharbor.org.



Photo by Randi Upton